



RISPA 2018 Fall Conference

Date: Friday, December 7th, 2018

Location: Rhode Island College, Alger Hall, Rm
110

Presentation by: The Providence Children and Youth Cabinet
Matthew Billings

Fees

Fees	Regular	Late
Member	\$100	\$110
Nonmember	\$150	\$160
Students	\$50	\$60
Group Rate 3 people from same school	\$276	\$286

◆ 5 NASP CPDs will be earned for attendance of the entire event

◆ NASW - Credits Application In Process

Agenda

8:00 – Registration/Coffee & Bagels
 8:30 - Welcome: Liana Gonzalez-Mcgee, RISPA President
 8:45 – Session 1
 10.15 - Morning Break
 10.30 – Session 2
 12:00 – Lunch Provided-Donovan Dining Center
 1:00 – Session 3
 2:15 – Afternoon Break
 2: 30 – Session 4
 3:15 - Questions & Answers

A b o u t t h e P r e s e n t e r

◆**Matthew Billings** is the Deputy Director at the Children and Youth Cabinet. Matt has almost a decade of experience in program/framework design and implementation, with a particular focus on evidence based implementation in partnership with public systems. He is the implementation lead in Providence, Rhode Island for the Annie E. Casey Foundation Evidence2Success (E2S) initiative. He teaches E2S replication sites on implementation science, frameworks, fidelity, and modifications. His leadership in the field of implementation science has been highlighted in the Stanford Social Innovation Review and a Pew-MacArthur Results First Brief. He is the Principal Investigator for several state and nationally funded research and implementation projects that include the following suite of evidence based programs: Cognitive Behavioral Intervention for Trauma in Schools (CBITS), Familias Unidas, Positive Action, Strong African American Families, and the Incredible Years.

◆The Children and Youth Cabinet (CYC) was established in 2010 as a coalition with the vision that 'all children and youth will be healthy and thrive from cradle to career. Over the years the CYC has evolved into a nimble intermediary that convenes partners, supports community priorities and takes action toward shared goals under the umbrella of social and emotional wellbeing. The CYC team is dynamic and growing quickly as our projects are successful and expand. We prioritize the expertise of our residents by elevating resident and youth voice, amplifying community priorities and ensuring our projects and programs are culturally relevant and specific. Projects of the CYC include: Building Trauma Sensitive Schools, Health Equity Zone, Evidence2Success and Social-Emotional Care Coordination. The CYC also supports a portfolio of culturally specific and relevant programs for youth and families including: Strong African American Families, Familias Unidas, Cognitive Behavioral Intervention for Trauma in Schools (CBITS), Positive Action, and the Incredible Years.

S e s s i o n S y n o p s i s

◆**Session 1 - Employing Universal Trauma Screeners to Make Data Informed Decisions**

- ◆Understand the prevalence and types of trauma experienced by students
- ◆How basic screeners can support data informed decision making
- ◆Understand the importance, process, and results of building trauma informed schools
- ◆Understand the importance of youth engagement in trauma therapies
- ◆Understand the importance of self-care strategies

◆**Session 2 – Case Study on Building Trauma Sensitive Schools**

- ◆Review the rationale for building trauma informed systems
- ◆Children and Youth Cabinet framework
- ◆What will come next, what is on the horizon, what small steps can you take now

◆**Session 3 - Effectively Engaging Youth in Their Own Treatment**

- ◆Explore the reasons for innovation/adaptation in evidence based implementation
- ◆Review early phase youth feedback and rationale for adaptations
- ◆Model clinician and artistic CBITS activities
- ◆Audience talk back

◆**Session 4 – Self-Care and Wellness**

- ◆Review the importance of self-care when supporting students with traumatic exposure
- ◆Review self-care strategies, simple and applicable

L e a r n i n g O b j e c t i v e s

1. Understand the prevalence and types of trauma experienced by students
2. How basic screeners can support data informed decision making
3. Understand the importance, process, and results of building trauma informed schools
4. Understand the importance of youth engagement in trauma therapies
5. Understand the importance of self-care strategies

Register at rispa.wildapricot.org under the Events tab.

Participants needing accommodations please contact us at rispa401@gmail.com.

RISPA is approved by the National Association of School Psychologists to offer continuing education for school psychologists.

Payment options: Send check made payable to RISPA PO Box 7083 Warwick, R.I. 02887 or pay on website via PayPal within one